

Erie County Stay Fit Dining Program Menu



November 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Macaroni Casserole with Cheddar Cheese Green Beans Apple Juice Italian Bread Butterscotch Pudding (839)	3 Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Carrots Tropical Fruit (746)	4 Chicken Breast with Red Pepper Cream Sauce Mashed Potatoes Broccoli Florets Wheat Dinner Roll Lorna Doones (632)	5 Beef Bourguignon Ranch Mashed Potatoes Brussels Sprouts Multigrain Bread Fresh Orange <i>Chocolate Milk</i> (698)	6 Beer Battered Fish with Tartar Sauce & Coleslaw Cheesy Broccoli & Rice Country Mixed Vegetables Wheat Dinner Roll Applesauce (737)
9 Mediterranean Chicken Stew Yellow Rice with Turmeric Broccoli Florets Grape Juice Diced Peaches (658)	10 Veterans Day Lunch Boneless Pork Loin with Gravy Scalloped Potatoes Vegetable Medley Chef Salad with Dressing Wheat Dinner Roll Lemon Meringue Pie (851)	11 No Meals Served	12 Stuffed Shells with Tomato Meat Sauce & Mozzarella Cauliflower Peas Italian Bread Sugar Cookies (878)	13 Salisbury Steak with Gravy Mashed Potatoes Vegetable Blend Wheat Bread Fruit Cocktail <i>Chocolate Milk</i> (735)
16 Sloppy Joe on a Wheat Bun Tater Tots Mixed Vegetables Mandarin Oranges (705)	17 Polynesian Pork over Rice Broccoli Florets Orange Juice Gelatin (619)	18 Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Carrots Italian Bread Oatmeal Round Cookie (752)	19 Chicken Breast with Marsala Sauce Garlic Mashed Potatoes Green Beans Chef Salad with Dressing Dinner Roll Fresh Apple (671)	20 Taco Day! Ground Beef Taco with Cheddar on a Flour Tortilla Spanish Rice Fiesta Corn Tropical Fruit <i>Chocolate Milk</i> (764)
23 Macaroni & Cheese with Diced Chicken Peas with Red Pepper California Blend Vegetables Wheat Bread Rice Krispie Treat (870)	24 Thanksgiving Lunch Roasted Turkey with Stuffing, Gravy & Cranberry Salad Sweet Potatoes Green Bean Casserole Dinner Roll Pumpkin Pie with Whipped Topping (1046)	25 Pork Ribette with BBQ Sauce on a Bun Duchess Potatoes Broccoli Florets Fresh Banana <i>Chocolate Milk</i> (921)	26 No Meals Served	27 Breaded Chicken Cutlet with Gravy on a Wheat Bun Ranch Mashed Potatoes Mixed Vegetables Pineapple Tidbits (758)
30 Chicken & Sausage Paella Rice with Black Beans Corn with Red Peppers Apple Juice Chocolate Pudding (641)	1 Cabbage Roll with Savory Meat Sauce Garlic Mashed Potatoes Mixed Vegetables Dinner Roll Vanilla Ice Cream Cup (807)	2 Breaded Chicken Cutlet with Cranberry Chutney Tater Tots Peas with Pearl Onions Wheat Dinner Roll Tropical Fruit (716)	3 Entrée Salad Tuna Pasta Salad on a Bed of Fresh Salad Greens Club Crackers Fudge Round Cookie (765)	4 Baked Ham with Maple Glaze Mashed Sweet Potatoes Cauliflower Rye Bread Pineapple Tidbits <i>Chocolate Milk</i> (609)

*If you have a food allergy, please notify us. **FOR RESERVATIONS, CALL 716-652-7934**